

HIGHLIGHTS

- A** **BARISTA**- Fuel up for the day at the downtown Barista Café, the local chain started by 35-year-old champion barista Billy Wilson. He carefully curates the coffee selection, featuring up to three different roasters to choose from for their skillfully prepared drinks. M-F 6am-6pm / Sa-Su 9am-4pm
- B** **KURE JUICE** - After crossing the Steel Bridge and cruising along the river's edge on the Eastbank Esplanade, make a detour at Kure for a tasty and nutrient-packed smoothie (the Extra Mile with almond butter, kale, coconut and banana is my go-to). 7 days 8am-6pm
- C** **CASCADE BREWING BARREL HOUSE** - With more than two dozen rotating taps, Cascade is the Portland pioneer of sour beer. Grab a sampler tray to test their current lineup of tart elixirs. Su-Th 12-11pm / F-Sa 12pm-12am
- D** **HALE PELE** - Take a quick trip to the tropics with a happy hour round of expertly crafted tiki drinks at Hale Pele. 7 days 4pm-12am
- E** **CLYDE COMMON** - Returning downtown where you began, reward yourself for a long day of cycling with dinner and drinks at Clyde Common. Barman extraordinaire Jeffrey Morgenthaler helms one of the best bar programs in the city, and his Dark and Stormy is a thing of legend. M-F 11:30am-11:45pm / Sa 10-12:45am / Su 10am-10:45pm



EXTRAS

- 1** **PORTLAND SATURDAY MARKET** - On the weekends, your ride along the waterfront will take you through the Portland Saturday Market where you can stop to peruse the stalls or grab a snack. Sa 10am-5pm / Su 11am-4:30pm
- 2** **MEAT CHEESE BREAD** - Grab some lunch to go at sandwich shop Meat Cheese Bread. While you're there, pick up a beer next door at the impossible-to-Google bottle shop Beer. Picnic packed. 7 days 7am-8pm
- 3** **LAURELHURST PARK** - Enjoy said picnic in the lovely surroundings of Laurelhurst Park. (Yes, drinking alcohol in a public park is against the law, and we will not condone it here. Be smart).
- 4** **NORTH WILLIAMS** - The ride up North Williams offers any number of potential detours, like the Hopworks Bike Bar, Tasty N Sons or the Box Social.
- 4A** **HOPWORKS BIKE BAR** - Brewery that caters specifically to the thirsty people who bike by. Su-Th 11am-12pm / F-Sa 11-12am
- 4B** **TASTY N SONS** - (from Megan, Bikabout's founder) The first time I visited PDX, I was biking to a conference on a Friday morning and I stumbled upon a crazy line and asked a couple what was going on. They told me to get in line, "It will be worth it!" I will never remember what session at the conference I missed that day, but I will always drool over the taste memory of the Polenta n Sausage Ragu AND remember the couple who coerced me into the line and then invited me to eat with them (and treated me)! Get in line at least 20 minutes before opening. Su-Th 9am-10pm / F-Sa 9am-11pm
- 4C** **THE BOX SOCIAL** - A drinking parlour. 7 days 4pm-2am
- 5** **OVERLOOK PARK** - West-facing on bluffs above the river, Overlook Park is one of the best spots in town to catch the sunset.



ABOUT THE CURATOR

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In almost five years in Portland, Penelope Bass has written extensively about the city's food and drink culture for publications like the Willamette Week and Imbibe magazine, where she currently serves on the editorial staff. She loves riding her bike, delicious food and drinks, and riding her bike toward delicious food and drinks. And boy is Portland the ideal city for that.